



NEWSLETTER

October 2024



Message from the President



Dear SAPIK members



I cannot believe that we are at the end of 2024, it feels like yesterday that we had our AGM. I believe you will all agree with me that time is of the essence and currently it feels like time is moving at the speed of sound. John F Kennedy said that “we must use time as a tool, and not a couch”. However, on the other hand Marthe Trolly-Curtin said that “time you enjoy wasting, is not wasted time”. This is so true and important, due to as many as 94% of people value work-life balance and believing time spent on things that enrich us (not just financially) is just as important.

My message to you today is, spend your time wisely and remember to stop and spend/waste time on the things you enjoy including time spend with your loved ones.

You only live once is a phrase we all hear a lot, though that's not true. The real statement is we only die once, but we live every day. So, make every second count and sometimes just stop everything and take time for yourself.



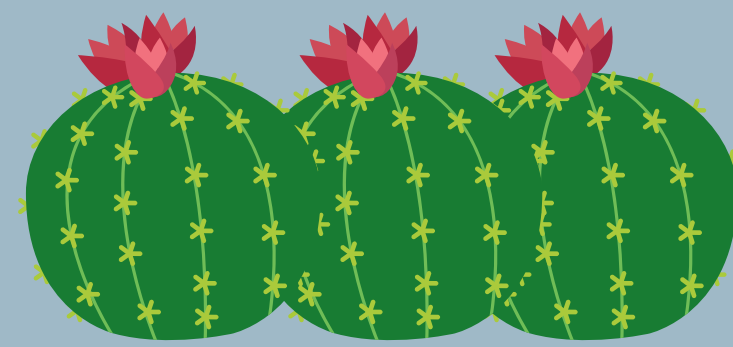
Message from the President

I want to thank each and everyone for their input, feedback and support towards SAPIK during 2024. This year was a year where SAPIK aimed to close the gap between SAPIK and our members and I feel we made great progress in this regard.

We had fruitful meetings with our members, and I can report that SAPIK is currently working on various initiatives to assist our members overcome some of the issues they face in practice. The only thing we ask from members is to take hands with SAPIK and not work against us, and to trust the Board and processes.

The SAPIK Board had their last Board meeting on Saturday 12 October, where various important aspects were discussed. A lot of progress has been made with initiatives that is being planned and implemented mostly to assist you as members with regards to issues that has been raised.

Another important aspect that currently is of priority is making sure that everything is in place and ready for the hand-over of the current Board to the newly elected Board and new President during the AGM in May 2025.



Message from the President

This is to ensure continuity within SAPIK. On this point, we will be needing members to serve on the Board and committees for the next 3-year term, as the success of SAPIK lies in the willingness of members to serve in these portfolios. If you feel that you want to contribute to the success of SAPIK, please make yourself available to serve on one of the committees.

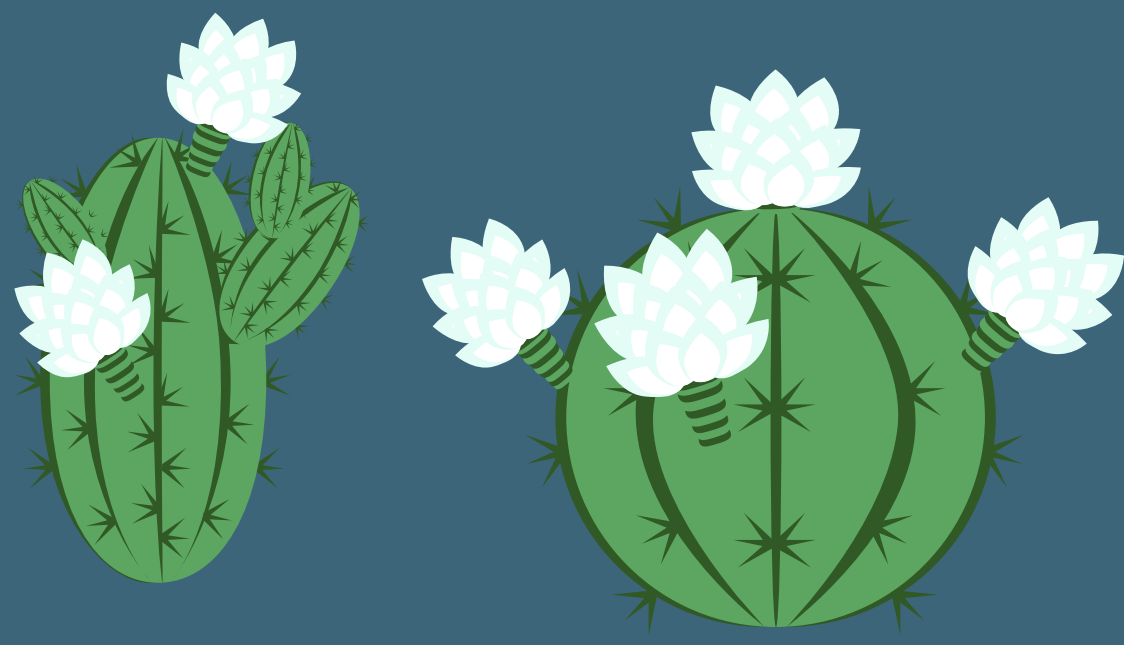
Good luck with the remaining part of 2024. My prayer is that you end off the year on a high and positive note. Enjoy the December break and remember make time for yourself and your family and friends.

Greetings

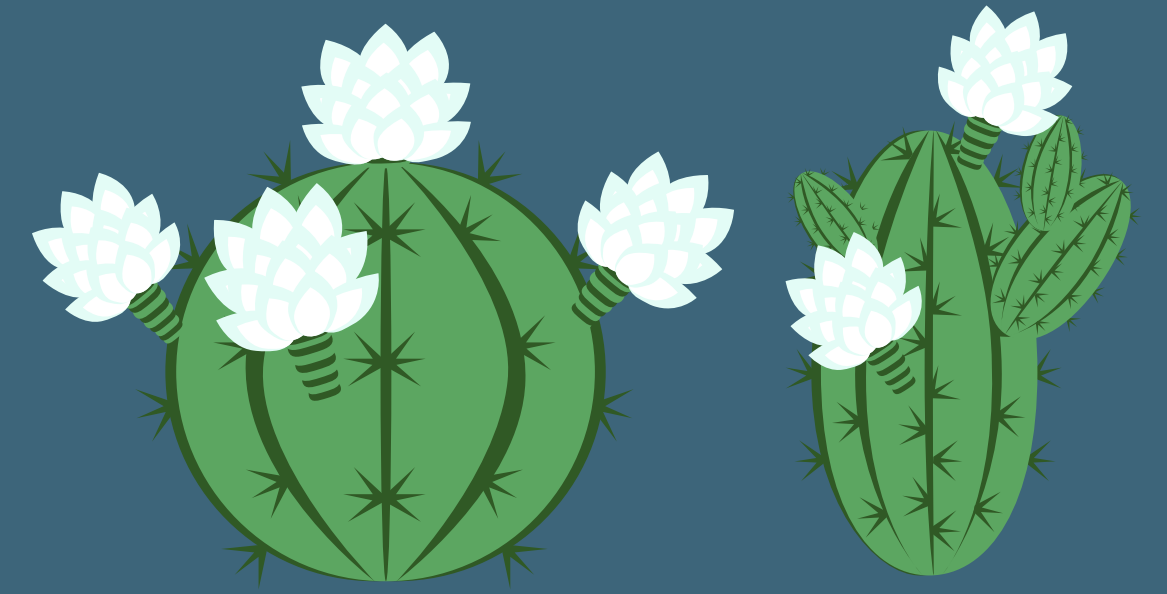
SAPIK President

Barry Gerber





CPD



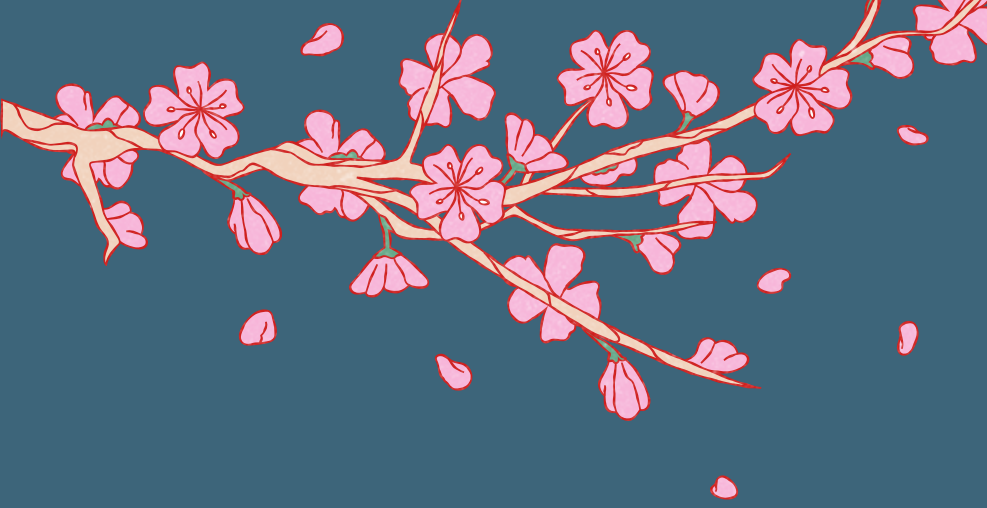
Important reminders:

- The CPD year runs from 01 January – 31 December.
- Please check your points and ensure you are up to date for 2024 as these points will be audited early next year.
- The number of required points for this year is 20 accredited and 6 ethics points.
- Please note that it is the members responsibility to still keep track of their own points for their own records, even though SAPIK is also keeping track of members points as CPD applications are approved.
- Points will be issued for the calendar year that the learning activity was completed in.
- **Important reminder** - due to the high administrative demand for SAPIK, all article opportunities will close on the 31 st October 2024. If you would like to complete any articles, please ensure you do so before this date. No late applications will be possible.

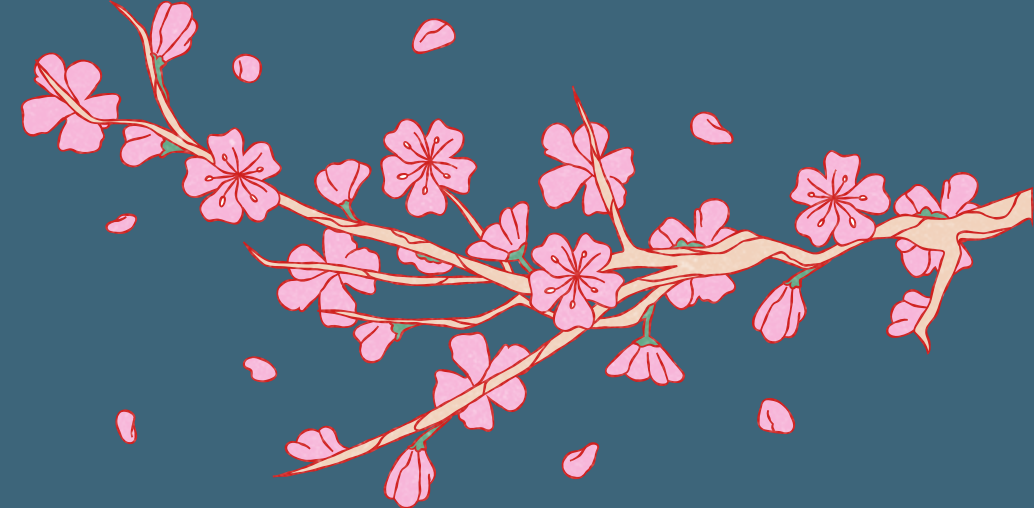


CPD Audit:

- The audit on 2024 CPD points will be conducted in the first quarter of 2025.
- This will be done internally, and all members will receive a letter from SAPIK stating whether the audit was successful or not.
- If you are found to be **non-compliant** you will **receive a fine** and will be given **6 months to gain the outstanding points**.
- Once these points have been gained in full, please let SAPIK know so that a successful audit letter can be sent to you.
- **After six months, if still not compliant the names of non-compliant practitioners** will be sent to the **SAPIK Board**. The following actions may be taken:



CPD



- Should the practitioner not comply the member will be required to pay a fine and still complete the acquired points within the next three months.
- Should the practitioner still not comply with the CPD requirements after the three- month period, one of the following actions will be taken:
 - Completion of a remedial programme of continuing education and training as specified by the SAPIK Board.
 - An examination as determined by the SAPIK Board. The board will determine if a theoretical or practical examination shall be completed.
 - The SAPIK Board will also determine the pass rate.
 - Suspension from the register for a period of time as determined by the SAPIK Board; or working under supervision at own practice.
 - Any other action considered as relevant as recommended by the SAPIK Board.



CPD



CPD Audit fine system:

- A new system has been put in place to help members remain up to date with their CPD points.
- This system is a tiered system where the fine amount increases as the number of outstanding CPD points increases.
- Members who only have a few outstanding points in an audit will be fined a smaller amount to aid in quickly gaining these outstanding points and thereby completing their audit.

Please see the fine breakdown below:

(Please note: this information will be added to the CPD Policy which will be on the website soon)



CPD

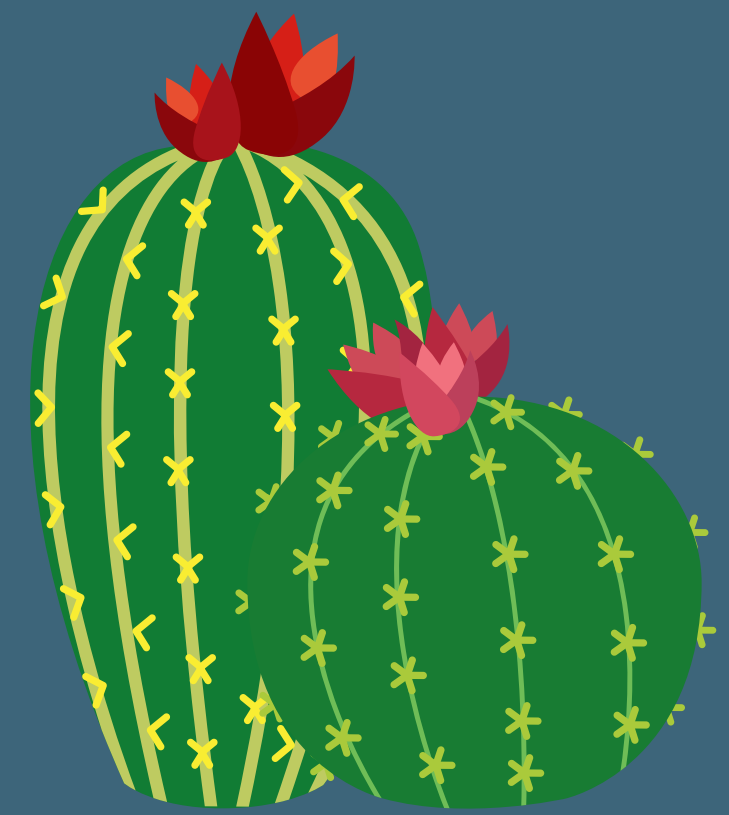


CPD Audit fine system:

CPD POINTS	FINE AMOUNT
23 – 25 points achieved (1–3 points short)	R200
20 – 22 points achieved (4-6 points short)	R400
16–19 points achieved (7–10 points short)	R600
11–15 points achieved (11–15 points short)	R800
6–10 points achieved (16–20 points short)	R1000
0–5 points achieved (21+ points short)	R1200

CPD

Feedback from members regarding Article opportunities:



Following feedback from members during various online check-ins please note the following changes:

- The Early Bird and Friday CPD specials will still be on going next year and members will have 48 hours to submit the answers for the opportunities they wish to complete using the specials.
- The payment for the article specials need to be made on the day of the special but the answers, proof of payment and declaration form can be submitted on the day of the special or the following day (until 24:00).

CPD

Feedback from members regarding Article opportunities:

- In addition, to help members with CPD learning activities, as of 2025 article opportunities from the previous year will be available again to complete for CPD points next year. **Please note:**
 - Members cannot re-do an article opportunity in 2025 that you completed in 2024
 - Members can only complete 2 articles from the articles released in 2024 (either 2 accredited or 2 ethics or 1 accredited and 1 ethics – any combination of 2 articles)
 - Members can only complete a maximum of 5 articles per year, where 2 is from previous years





FINANCES

- Over the past 12 months SAPIK has implemented various initiatives and more is to come, to assist members with more affordable CPD opportunities but also to generate a passive income over and beyond the membership fees of members. These initiatives are currently assisting SAPIK to invest more back towards the members and the advancement of SAPIK.
- As mentioned during the AGM, SAPIK is mandated by SAQA to invest in increasing the diversity and demographics of registered members within our profession. During July 2024, SAPIK implemented the first project in this regard in training assistant Kinderkinetici at Fort-Hare University.
- In order to better manage the SAPIK funds, SAPIK opened 3 additional accounts, including a transformation-, marketing- and Samaritan fund account. SAPIK deposited a set amount into each account as was budgeted over the past 2 years. As this is savings accounts with a better interest rate, SAPIK will therefor also on the long run generate more income from interest from these accounts.

Training



Article opportunities for CPD::

The following resources have been approved by the board for the 2025 article opportunity:

- WHO (2021). Promoting Physical Activity Through Schools: A Toolkit.
- Zavala et al. (2024). Back to the Basics: A Movement Approach Through Active Play
- Verbecque et al. (2021). High BMI and Low Muscular Fitness Predict Low Motor Competence in School-Aged Children Living in Low-Resourced Areas

Recognition of prior learning:

Most of the documents have been set up and finalized., however there has been an issue with North-West University's google storage and some of the information was lost. The committee is working tirelessly to get this document finalized.



Training



In principle minimum standards:

The committee is in the process of finalising a draft document so that degrees at different Universities can be monitored effectively in a manner which promotes quality and alignment. The programmes from both institutions have been carefully aligned, but it is still an ongoing process.

Speaker for 2024 Business Savvy:

Drs. Gerber and Du Plessis will be reaching out to Carla Grobbelaar (OT) to inquire if she would be interested in presenting an engaging topic in the field of paediatrics at the Business Savvy 2025.

Training

Transformation plan:

The need for a comprehensive transformation plan remains a priority. We are committed to actively seeking and recruiting students from underrepresented backgrounds. Stellenbosch University has revised its selection criteria to ensure that 30% of the intake consists of students from these groups, provided they meet the necessary qualifications and minimum requirements. North-West University is encouraged to adopt similar criteria. A smaller committee will explore potential funding and support opportunities, which will be presented at the next board meeting for further discussion.

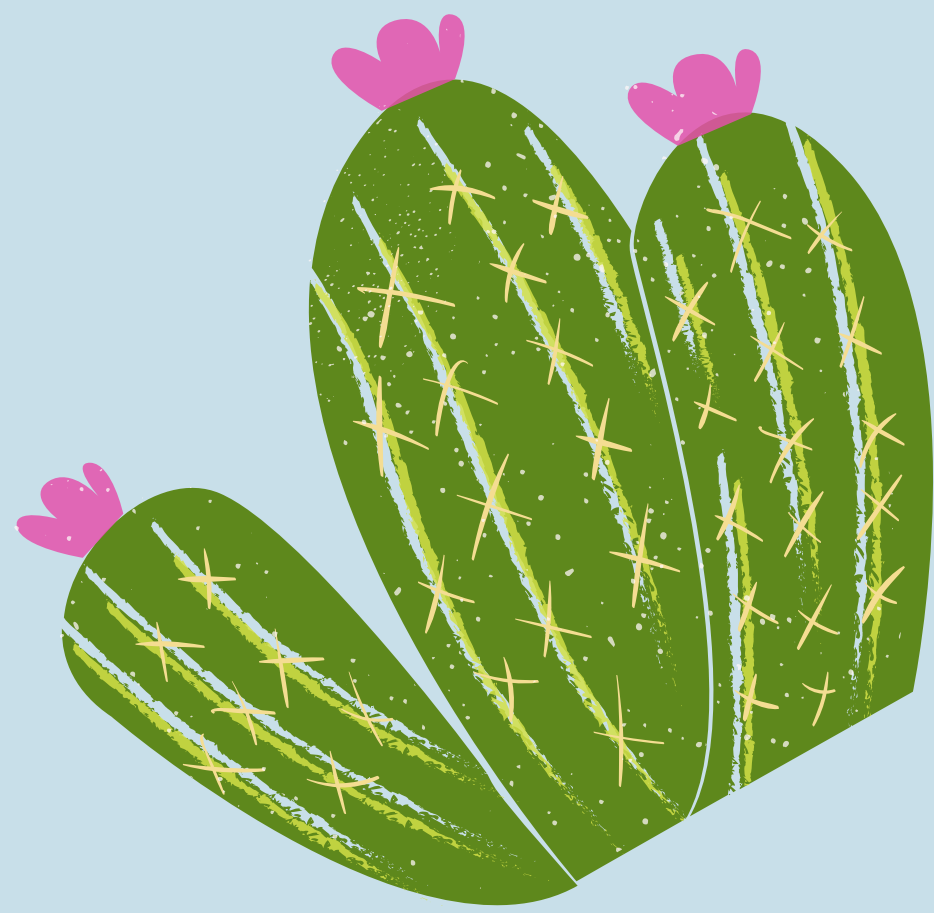


Training

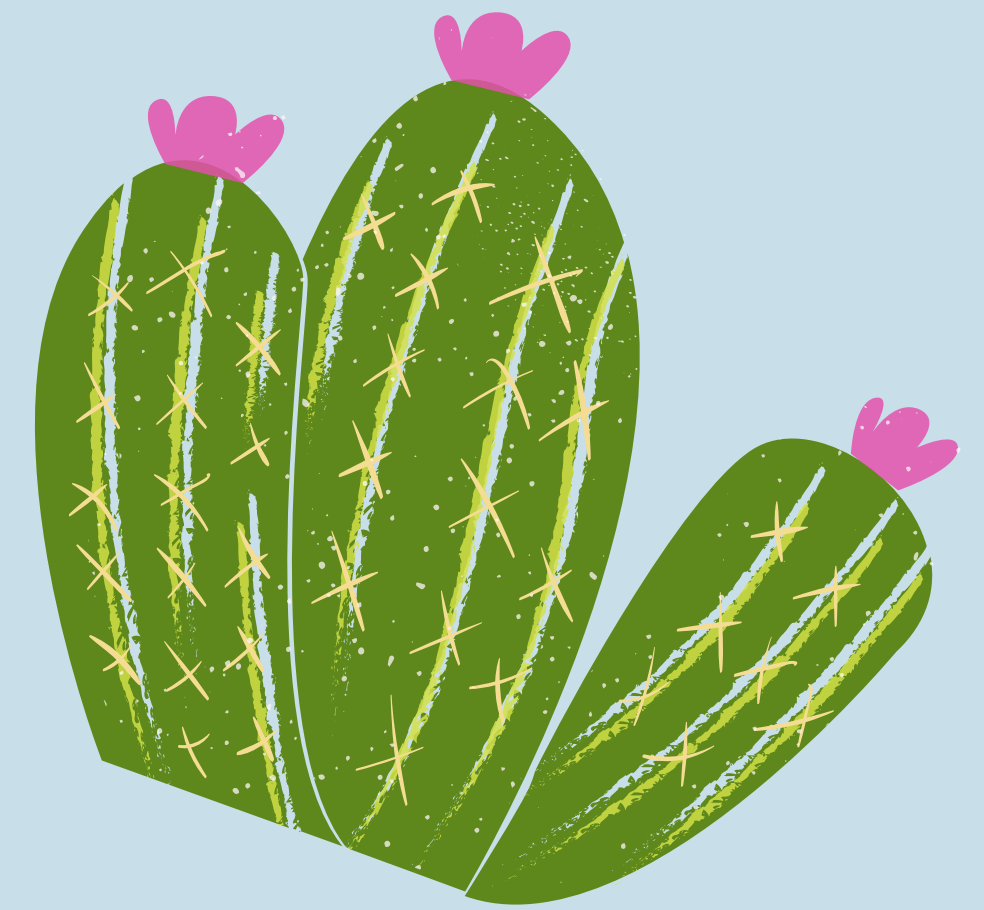
Interviews for positions at practices:

It is crucial for practices to recognize that the individuals they are interviewing are still students, whose primary responsibility remains their academic commitments. Therefore, no exceptions will be made for students to attend interviews during scheduled class hours. We expect all practices to adhere strictly to established rules and protocols. Interviews must be scheduled outside of class times, preferably in the afternoons or on weekends, to ensure that students' academic obligations are prioritized and remain uninterrupted.





Marketing



Updates on SAPIK website:

SAPIK's continuously working on new ideas to update the website. Discussions about a whole new upgrade to the website is ongoing and a whole new merchandise shop to equip Kinderkinetici with test battery equipment. Watch this space.

Alternative marketing strategies:

- Keep an eye on our social media platforms as we'd like to receive feedback from the members as to which type of marketing they'd prefer and where for 2025?
- We've had requests to do marketing in magazines again, so we'd like to honour our members wishes by doing so, if there is a overall request for this option.



Marketing

Merchandise:

SAPIK has been in contact with a possible supplier for the Kinderkinetics Kleuterevaluasie as well as the PERF-Fit equipment. We will update our members on this process as it goes.

Awareness week 2024:

Marketing content plans are under way for the 2025 Awareness Week. The newsletters are already being compiled and the final content will be approved at the February meeting.

Creating sharable content:

Once a week SAPIK will be sharing posts from practices and relevant professionals in our scope. Get posting and yours could be next. Remember to use the **#kinderkinetics_sa** for us to find your posts.

Marketing

Collaborations with influencers:

SAPIK would like to collaborate with social media influencers. Please look out for a document coming your way to help us with suggestions of influencers you would like us to contact.

AGM 2025

SAPIK has some big plans for our CAPE TOWN AGM 2025. We are so excited to spoil everyone in a beautiful setting. Start booking those tickets.





Practice forum



Practice visits:

- We are trying hard to finish all the practice visits for 2024.
- A new practice visit timeline has been moved and approved.
- Practice visits will now run from May to May each year.
- A new list for practice visits will be drafted and approved in May 2025.
- All new practices that are registered in a year will receive a practice visit.
- If SAPIK contacts you in this regard, please respond so that we can finalise your practice visit quickly and swiftly.
- If a response is not received, you will be contacted by the higher chairs of the board and eventually become an ethical case.

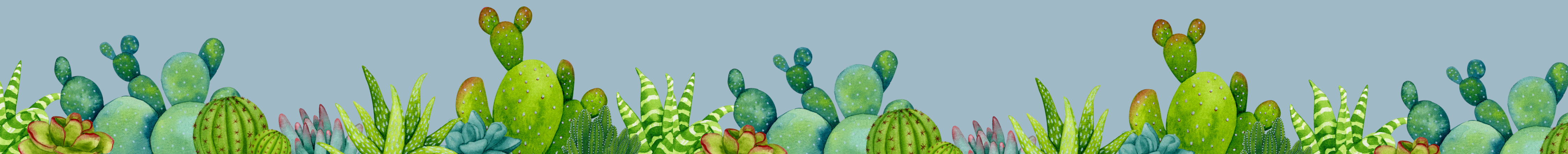
Practice forum

Practice visit documentation:

There are a few changes that were noted and brought under Practice Forum's attention. The documents will be updated and used for the practice visits ahead.

Testimonial documents:

- The testimonial document is still available for all to use.
- A new section for testimonials will be added to the practice visit and online check in criteria to encourage practices to make use of this function.
- Feedback received will stay anonymous and we will work with Marketing to create social media content to promote Kinderkinetics.



Practice forum

Practice list:

- All the member and practice lists were updated and uploaded onto the website.
- It is now in alphabetical order and according to towns to make it easier for the public to find a Kinderkineticist near them.
- Please have a look if all your information is correct and notify SAPIK if there are mistakes or changes.

Cost Structure:

- The cost recommendation document was updated for 2025 and a 6% increase (in line with inflation) was approved.
- The newest document is available on SAPIK's website, or alternatively the SAPIK administrator can be contacted in this regard.





Practice forum



Online check-in:

- Online check-in initiative has been a great success this year and Practice Forum has managed to check-in at 32 registered practices across South Africa and Namibia.
- The purpose of the online check-in is to have an informal conversation with practices to bridge the gap between the Board and the practices.
- It is a way for the Board to reach out and stay connected with the needs of practices.

Area representatives:

Area representatives will be removed from the agenda, as the mentorship program has been a huge success. Well done to the involved parties.

Practice forum

CPD Workshop

- We have been making good progress with our workshop.
- Various presenters have been identified and the making of videos will
- commence soon.
- We will be looking to launch at the 2025 AGM.

Test Batteries

- We have reached out and made contact with various test battery suppliers.
- This is an ongoing process and Practice Forum is looking at other alternatives that could also be used.
- More information will be shared in due course.



Practice forum

Information Officer Registration:

- According to the POPI Act each practice needs to have a registered information officer.
- It has come under SAPIK and Practice Forum attention that practices do not know where to register an information officer.
- The following link will assist in registering an information officer:

<https://eservices.inforegulator.org.za/services.aspx>

Information Booklet:

The 'how to start a practice' booklet will be updated with information regarding the POPIA Act and Assistant Kinderkineticist guidelines.

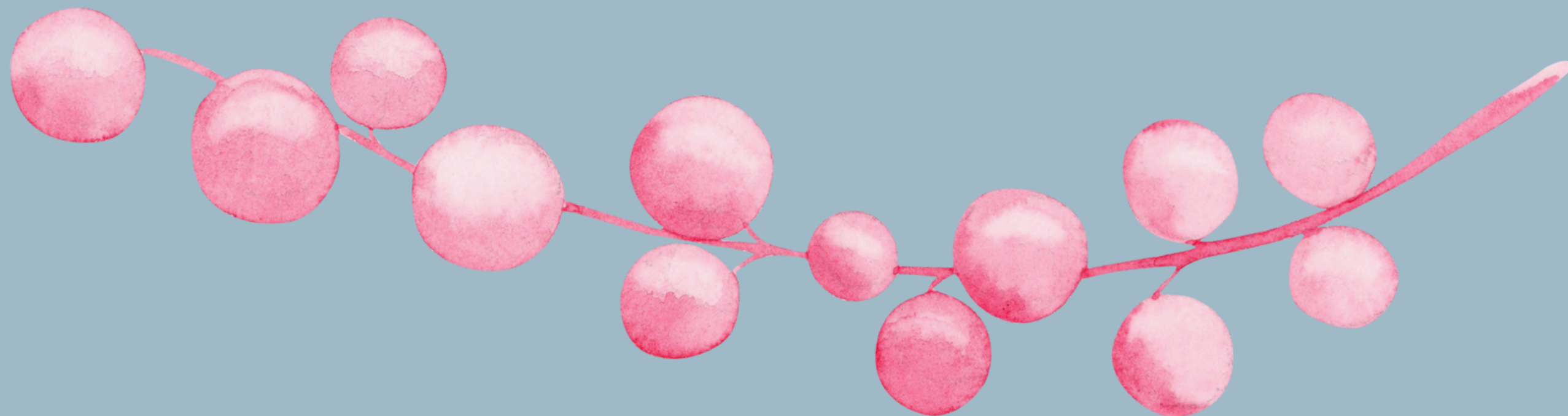
Practice forum

New information pieces:

The board has approved the compilation of various new information pieces, in regards to informed consent, conducting an interview, Employee contracts and the skills addressed by Kinderkineticists.

Job creation:

The board has agreed that there is a concern over too little employee's available to hire in practices, thus discussions have starting on another sub registration to fill some of the need for practices. This will be a long and tedious process, but the process has started.





Ethics

Income Initiative:

The income initiative has been divided into three parts. During the next three years (2025-2027) this will be used as one of the ethical guidelines article.

Ethical Cases:

There have been 5 solved ethical cases for this year thus far.

Article Opportunities:

Thank you for completing the ethical articles.

New Documents:

Some new ethical information pieces will be set up and sent out in the coming year, providing feedback on ethical situations arising throughout the year.

Ethics

Please do not hesitate to contact us if you see something concerning our field, bring it to our attention and we can resolve the issue as soon as possible.



**KEEP PUSHING
FORWARD!!**

