



SAPIX

NEWSLETTER

MAY 2025



MESSAGE FROM THE PRESIDENT

Hallo to all our members,

I hope that all of you are well and that your practices have grown from strength to strength over the past 12 months since the AGM in 2024. As we have come to yet another AGM, and yet another year that we have completed from a professional point of view, I believe everyone can agree that it feels that every year just runs faster and faster. The past 12 months have been a whirlwind of ups and downs but overall, I would say that we had yet another successful year as a profession with growth in many instances and lessons learned in others.

Thank you to everyone who attended the 2025 AGM in Stellenbosch in the Western Cape during May 2025. This was the first time SAPIK hosted the Kinderkinetics AGM in the Western Cape, and I can say with certainty that it was a big success, where everything was well planned.

During the AGM, we, however, did not have a quorum to start with, and this was important as during this meeting a new Board was selected. The meeting then followed point 10.4.8 of the constitution that stipulates the following:

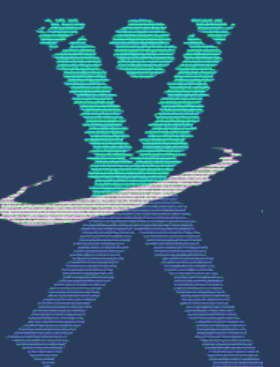
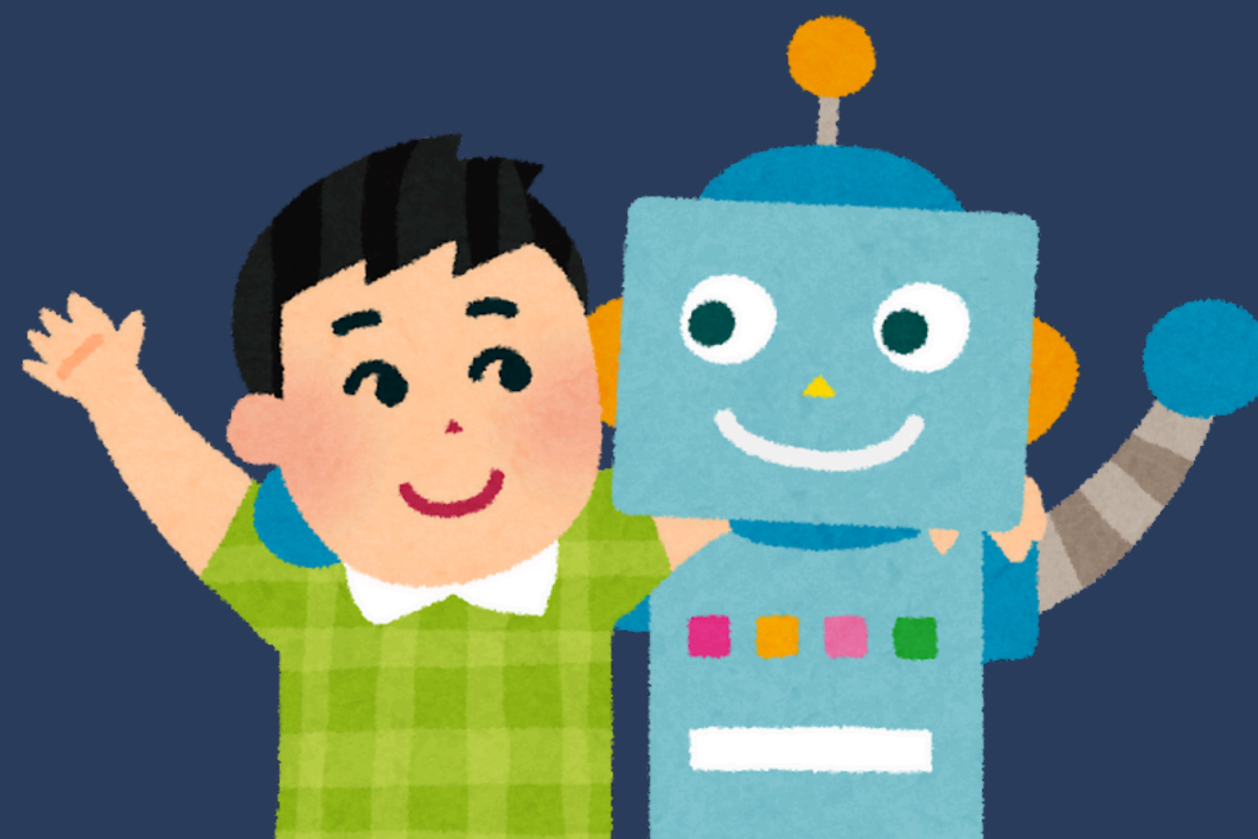


MESSAGE FROM THE PRESIDENT

“If no quorum is present after 15 minutes of the given starting time of the meeting, the meeting will adjourn and should there not be a quorum within half an hour of the meeting, the members present will form a quorum, and the general meeting will continue as usual.”

Therefor this was a legal meeting, and decisions made during the meeting were deemed legal and binding.

During the AGM, important feedback was provided to the members on the current business and standing of SAPIK, regarding various aspects related to SAPIK. In this regard. We also received valuable feedback and insights from members that will assist SAPIK to grow in the new future. I want to thank the 2022-2025 Board for their hard work, sacrifices and dedication over the past three years. As reported during my presidential feedback, we reached over 90% of our initial goals that were set out in 2022, over and beyond all the new goals and initiatives that were achieved or implemented throughout the three-year term.



MESSAGE FROM THE PRESIDENT

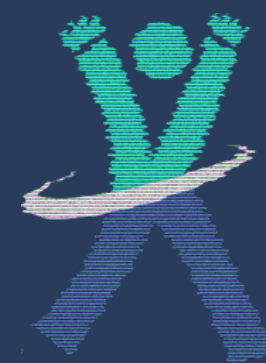
I want to congratulate the newly elected Board and Board members under the leadership of Dr. Wilmarié du Plessis (President), Prof. Eileen Africa (Vice President– training) and Ms. Wilmari Woest (Vice-President – Practice). Good luck with the next three years that lie ahead of you. I know you will be successful during this term and uplift our Profession to new heights.

Lastly, I want to thank everyone who supported me over the past six years where I was fortunate to act as President. It was an honor for me to act as President and serve the profession and members.



KIND REGARDS

IMMEDIATE PAST PRESIDENT
DR. BARRY GERBER



CPD

CPD IMPORTANT REMINDERS

- The CPD year runs from 01 January – 31 December.
- The number of required points for this year is 20 accredited and 6 ethics points.
- Please note that it is the members responsibility to keep track of their own CPD points for personal records, even though SAPIK also maintains a record as CPD applications are approved.
- Points will be allocated to the calendar year in which the learning activity was completed.

CPD AUDIT

- The audit on 2024 CPD points has been completed and you should have received a letter informing you of the status of your audit.

CPD

LEARNING ACTIVITY LIST

- This list is constantly updated and available on the website.

ARTICLE OPPORTUNITIES

- The first and second article opportunities are available to complete for CPD points. Keep an eye out for special offers related to these opportunities, which will be communicated via email.
- The third article opportunity will be released on the 4th August 2025.
- All articles from 2023 and 2024 will remain available on the website for members to complete if they did not complete them in the year they were created.
- Members are only allowed to do 2 articles from the previous years.





CPD

CPD EXEMPTION

CPD Exemption can be applied for in the following scenarios:

- **Maternity** (if you or your partner has had a baby): This exemption applies to the year that you had the baby. Member must gain 9 accredited and 6 ethics points.
- **Illness** - in cases where an illness prevents you from working. These applications are taken on a case by case basis.
- **Masters/PhD** - within the scope of Kinderkinetics and applied for each year of study, showing proof of registration. Per year of study a member must gain 10 accredited and 3 ethics points.
- Following member feedback and approval at the Board meeting in May, members can apply for CPD exemption if they are non-practicing members. This applies to members who register with SAPIK but no longer work directly as a practicing Kinderkineticist. This application form is prepared and will be available to members as soon as possible. Members must apply for this annually and those who are eligible for this exemption must gain 9 accredited and 6 ethics points.

TRAINING

ARTICLE OPPORTUNITIES FOR CPD

The following three articles have been submitted to the CPD Committee. We are very excited about the opportunity these articles present. They include valuable and timely insights, and we trust our members will find them both helpful and thought-provoking.

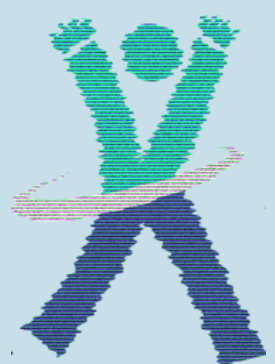
- WHO (2021). Promoting Physical Activity Through Schools: A Toolkit.
- Zavala et al. (2024). Back to the Basics: A Movement Approach Through Active Play.
- Verbecque et al. (2021). High BMI and Low Muscular Fitness Predict Low Motor Competence in School-Aged Children Living in Low-Resourced Areas.



TRAINING

IN-PRINCIPLE MINIMUM STANDARDS

While the in-principle minimum training standards are in development, progress has been somewhat delayed due to the lack of detailed information on newly proposed degrees, from both Stellenbosch University and North-West University. In the interim, we are actively reviewing the current minimum training standards across these universities. The aim is to establish a clear and comprehensive picture of existing frameworks, identify areas where alignment is needed, and ensure that all institutions are held to a consistent and rigorous standard. In addition, we are actively considering a revamp of the current Honours programmes to ensure it remains relevant, future-focused, and responsive to the evolving needs of both students and the profession. As part of this process, we are also exploring quality assurance mechanisms, including the potential implementation of a five-year review cycle for each university. This would allow for regular monitoring and continuous improvement, ultimately strengthening the credibility and integrity of our profession.





TRAINING

SPEAKER FOR THE 2025 BUSINESS SAVVY

Members were fortunate to receive a very engaging and informative talk by Dennilee Edwards on marketing strategies and the use of social media. SAPIK will continue to invite engaging and relevant speakers in the future.

RECOGNITION OF PRIOR LEARNING

The plan is to finalise these documents as soon as possible, ensuring they are both comprehensive and aligned with current professional demands. To support this, a series of structured meetings will be scheduled throughout the year, allowing for ongoing feedback, and refinement.

PERF-FIT

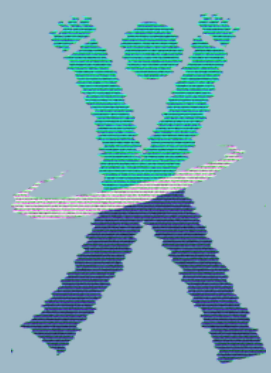
The introduction of the PERF-FIT assessment was discussed, with acknowledgment of the need for a clearer, more structured policy to guide the process of proposing and implementing assessment tools for members moving forward. The PERF-FIT is not compulsory; it is a cost-free option available to any member interested in exploring alternative assessment tools.

A decorative graphic at the top of the page consists of several horizontal and diagonal blue lines of varying lengths, connected by small blue circular dots. The lines and dots are arranged in a way that suggests a network or a circuit, with some lines extending from the left and right edges of the frame towards the center.

TRAINING

TRANSFORMATION PLAN

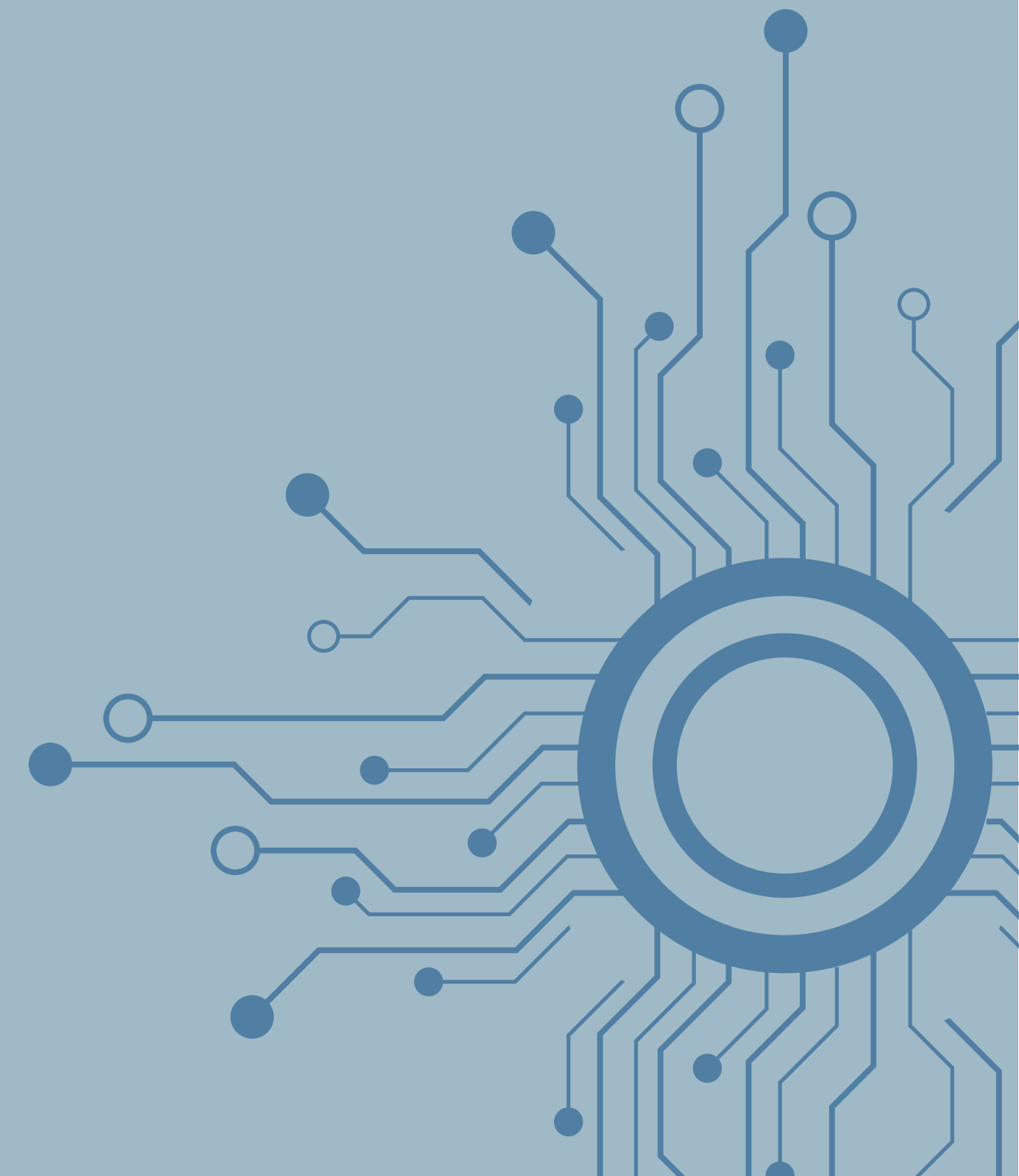
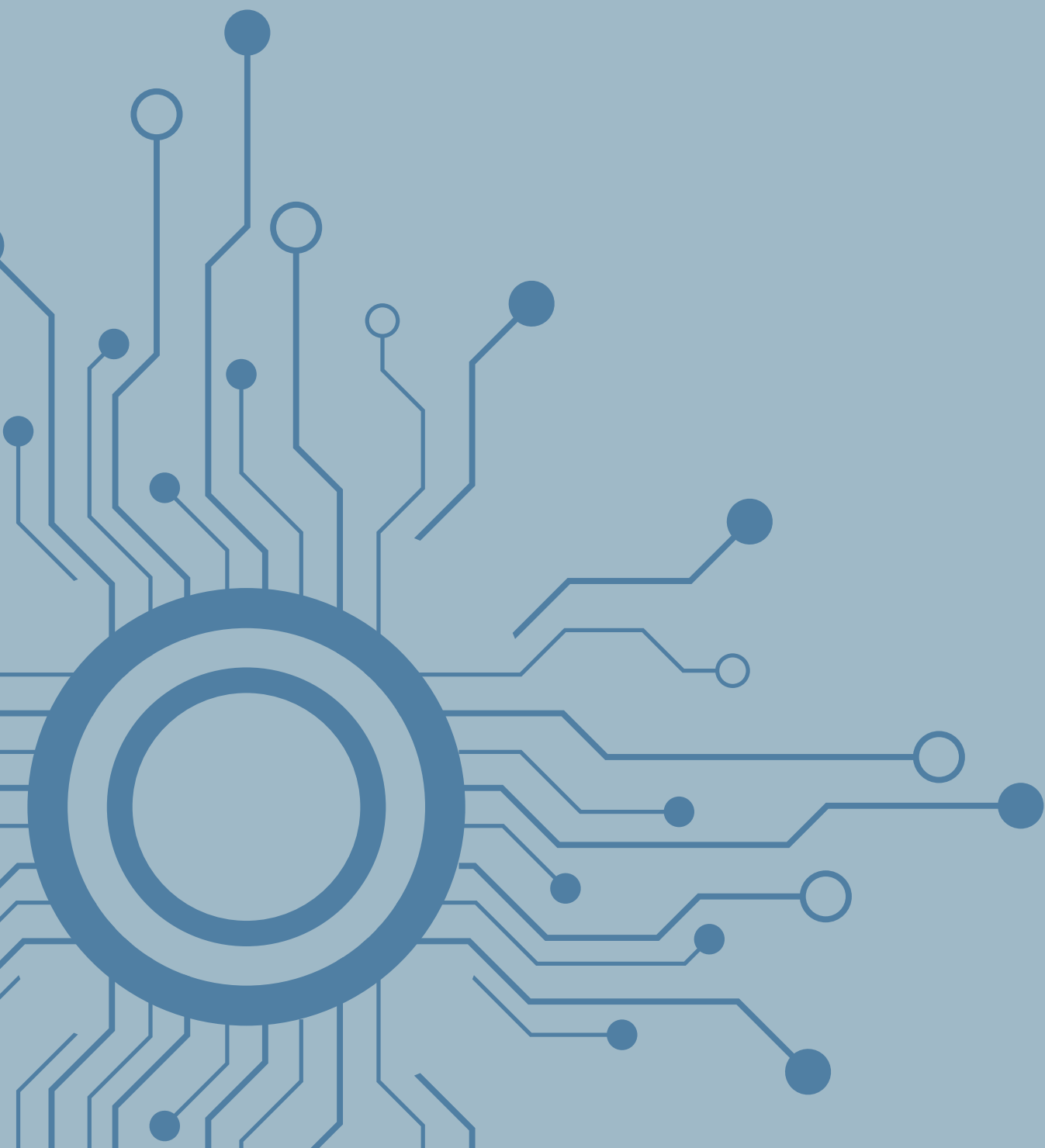
We recognise the importance of engaging deeply with the concepts of diversity and transformation to guide meaningful change within our profession and Universities. In the university context, diversity speaks to the inclusion and representation of individuals from a wide range of backgrounds, identities, and lived experiences, including race, gender, culture, socioeconomic status, and ability. Transformation, by contrast, refers to a deliberate and systemic effort to address historical inequities and build a more inclusive, equitable, and socially just environment for all. We acknowledge that true transformation is a process; one that cannot happen overnight. However, we are committed to doing our homework. We are actively working to understand these complex concepts so that our decisions are informed, our changes are intentional, and our plans are sustainable. By laying the groundwork today, we aim to ensure that the changes we implement will lead to real, measurable impact in the near future.

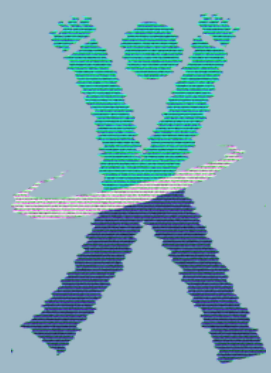


Marketing

SAPIK WEBSITE

- We are currently in the process of obtaining several quotes to appoint the best possible service provider to upgrade our website.
- Upgrading a website and integrating new features takes time and we would like to ask our members to bear with us, strap in tight and get ready for a whole new exciting venture that's about to come!

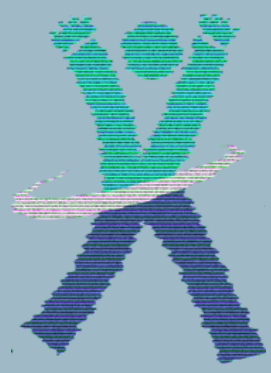




Marketing

MERCHANDISE

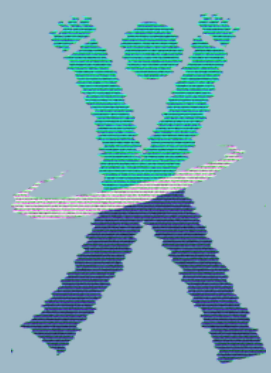
- We are so close to getting our first “generalised” kleuter-evaluasie kit from our provider!
- In the process, we would first like to take it for a “test run” to make sure all pieces of equipment function well and that it is a secure addition to your practice.
- Keep your eyes and ears open!



Marketing

ALTERNATIVE MARKETING STRATEGIES:

- Marketing would like to get involved with more Expo's. If you know of any Expo's that is taking place in 2026, whether in South-Africa or Namibia, please inform us.
- SAPIK would also like to encourage members to market their practices at Expo's and to put themselves out there to actively promote awareness of our profession.



Marketing

AWARENESS WEEK

- Marketing is already busy with various new ideas for the 2026 Awareness week.
- As discussed at the 2025 AGM, SAPIK will make sure to have all Awareness week content sent to our members in advance should they wish to schedule their social media posts accordingly, **the only agreement being that no content will be shared with the public until the Awareness week starts.**



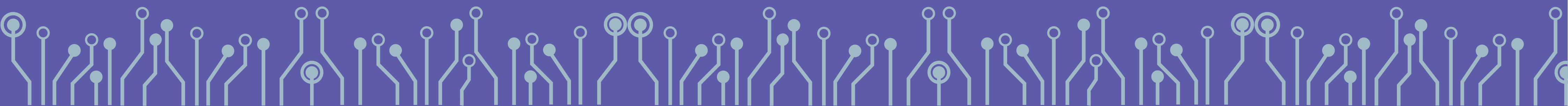
Practice forum

GENERAL

- Newsletters from SAPIK members - due to the National Kinderkinetics Awareness week, going forward, there will only be two newsletters per year.

PRACTICE VISITS

- All practices on the 2024 list were visited.
- A new list was approved at the Board Meeting in May 2025.
- When SAPIK contacts you for a practice visit, please respond so that we can arrange a time that suits you best.



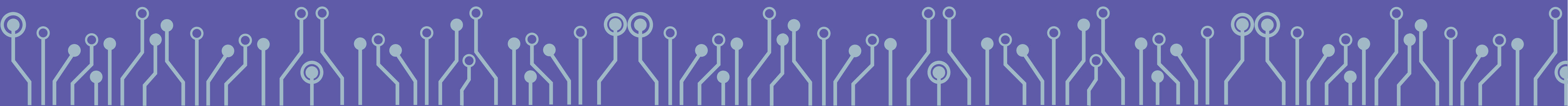


Practice forum

PRACTICE VISIT DOCUMENTATION

The documents for a practice visit was updated again with the following changes:

- A **testimonial section** was added under the Marketing section of the criteria. This is to encourage members to make use and gather testimonials from their clients.
- The **test battery section** of the criteria was updated to give more clear guidelines of when a test battery is needed. If you provide **REMEDIAL LESSONS** at your practice you **NEED TO BUY** a test battery. If you do not provide remedial lessons, using the PDMS checklist or Kleuterevaluasie is sufficient.

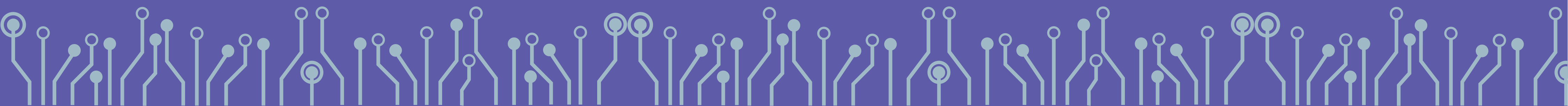




Practice forum

DOCUMENTS FOR THE WEBSITE

- The following documents were updated and the newest versions are available on the SAPIK website or with the SAPIK administrator:
 - i. List of practices and members
 - ii. Informed consent
 - iii. Ethical interviews





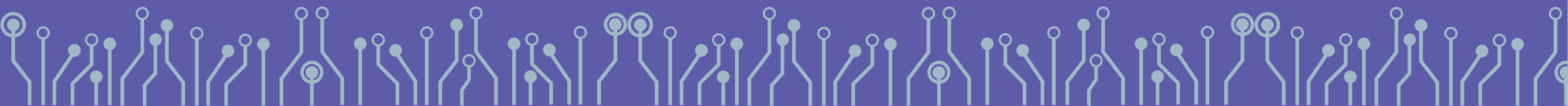
Practice forum

PRACTICE LIST

- Was updated following the 2025 registration period.
- SAPIK would like to urge members to have a look on the website and should there be mistakes with you practice information, please inform SAPIK so that we can fix it.

COST STRUCTURE

- Updated for 2025 with a 6% inflation increase.

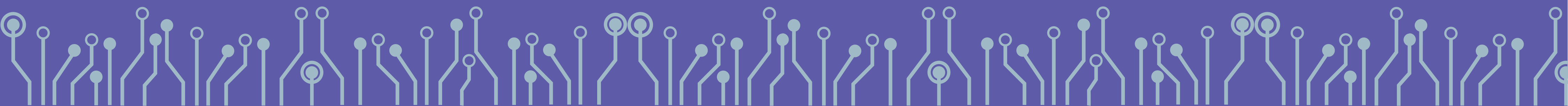




Practice forum

ONLINE CHECK-IN

- The check-in is an informal way of SAPIK to visit your practice to see how it is going and whether you need support of any kind. It is not something to be scared or anxious about.
- A new list was approved at the Board Meeting in May 2025.
- All newly registered practices for 2025 were added to the list for a check-in.
- When SAPIK contacts you for a practice visit, please respond so that we can arrange a time that suits you best.

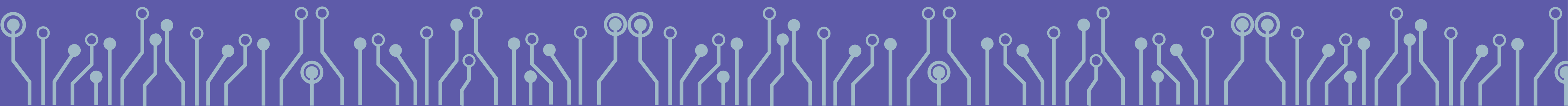


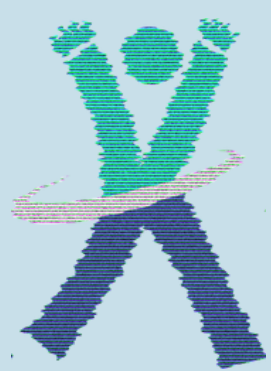


Practice forum

PRACTICE FORUM CPD WORKSHOP

- This income initiative is another opportunity for members to gain CPD points.
- We are hoping to launch soon! Keep your eyes open for communication from SAPIK.





Ethics



INCOME INITIATIVE

We are still busy with finalising our income initiative - a CPD opportunity for members about the SAPIK ethical guidelines. We are adding the final touches and hope to launch it early in 2026

ETHICAL GUIDELINES

The Ethics committee is in the process of updating the SAPIK ethical guidelines and hope to give feedback to the members soon.

ETHICAL ARTICLES

Please remember that there are 3 ethical article opportunities each year that members can make use of and complete to gain their ethical CPD points.

ETHICAL CASES

Currently there are 2 ethical cases that are open and in process.





South African Professional Institute for Kinderkinetics
Suid-Afrikaanse Professionele Instituut vir Kinderkinetika

NPC Reg nr: 2015/047186/08

✉ sapikinfo@gmail.com