



South African Professional Institute for Kinderkinetics  
Suid-Afrikaanse Professionele Instituut vir Kinderkinetika

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# Cost Recommendation – South Africa

Program	Description		Per lesson (30 minutes) <i>(minimum recommended price)</i>	Per month <i>(minimum recommended price)</i>	Per term <i>(minimum recommended price)</i>
<b>REMEDIAL</b>	Obesity, special populations, according to specific needs of every child	Individual (1-1 sessions)	160	530	1590
		Groups (2-3 children per group)	110	425	1270
<b>BABY STIMULATION</b>	Sensory-motor development of babies (0-24 months)	1-1 session	110	425	1270
		Groups (8 babies maximum)	85	320	955
<b>MOVEMENT PROGRAMS</b>	Wellness programs, mini-sport, toddler & kindergarten lessons	Extra-curricular (non-contract schools)	55	212	635
		Curricular (contract schools)	15	55 (per month per child)	160
		Practice	110	425	1270
<b>SWIM LESSONS</b>	Water safety, strokes etc.	Babies & toddlers	110	425	1270
		Age 3 & older	110	425	1270

		<i>Minimum recommended price</i>
<b>EVALUATION &amp; REPORTS</b>		370
<b>HOME PROGRAMMES</b>		160
<b>APPLICATION, REGISTRATION &amp; ADMINISTRATION FEES</b>	Once-off	110
	Annual	110

\* All lessons are 30 minutes – should you have lessons longer than 30 minutes, please use the following conversion as indication:

- 45 minute lessons  $\square$  30 minutes recommended price x 1.5
- 60 minute lessons  $\square$  30 minutes recommended price x 2

\*\* The above recommendations were derived from 25 practices registered with SAPIK (as provided to SAPIK during information retrieval efforts)