



South African Professional Institute for Kinderkinetics
Suid-Afrikaanse Professionele Instituut vir Kinderkinetika

NPC Reg nr: 2015/047186/08

✉ sapikinfo@gmail.com

Cost Recommendation – Namibia

| Program | Description | | Per lesson (30 minutes) <i>(minimum recommended price)</i> | Per month <i>(minimum recommended price)</i> | Per term <i>(minimum recommended price)</i> |
|--------------------------|--|---|---|---|--|
| REMEDIAL | Obesity, special populations, according to specific needs of every child | Individual (1-1 sessions) | 135 | 530 | 1590 |
| | | Groups (2-3 children per group) | 80 | 320 | 955 |
| BABY STIMULATION | Sensory-motor development of babies (0-24 months) | 1-1 session | 110 | 425 | 1270 |
| | | Groups (8 babies maximum) | 55 | 215 | 635 |
| MOVEMENT PROGRAMS | Wellness programs, mini-sport, toddler & kindergarden lessons | Extra-curricular (non-contract schools) | 55 | 215 | 635 |
| | | Curricular (contract schools) | 15 | 55 (per month per child) | 160 |
| | | Practice | 135 | 530 | 1590 |
| SWIM LESSONS | Water safety, strokes etc. | Babies & toddlers | 110 | 425 | 1270 |
| | | Age 3 & older | 135 | 530 | 1590 |

| | | <i>Minimum recommended price</i> |
|--|----------|----------------------------------|
| EVALUATION & REPORTS | | 370 |
| HOME PROGRAMMES | | 160 |
| APPLICATION, REGISTRATION & ADMINISTRATION FEES | Once-off | 110 |
| | Annual | 110 |
| | | |

* All lessons are 30 minutes – should you have lessons longer than 30 minutes, please use the following conversion as indication:

- 45 minute lessons → 30 minutes recommended price x 1.5
- 60 minute lessons → 30 minutes recommended price x 2

** The above recommendations were derived from 25 practices registered with SAPIK (of which 2 are in Namibia).