



NEWSLETTER

Julie/July 2019



BOODSKAP VAN DIE PRESIDENT

Beste SAPIK lede

Ek wil eerstens begin om almal te bedank wat die AJV bygewoon het op die 25ste Mei in Potchefstroom. Soos julle weet het die tweede Raadsvergadering van SAPIK vir 2018 op Vrydag 24ste Mei plaasgevind, wat ook saamgeval het met die Algemene Jaarvergadering wat op Saterdag 25 Mei in Potchefstroom gehou was. Dit was 'n propvol naweek wat gepaard gegaan het met baie opgewondenheid en baie leersaamhede. Ongeveer 110 lede het die AJV Saterdag bygewoon wat van reg oor Suid-Afrika en selfs Namibië af gekom het, terwyl 70 lede die Business Savvy van Vrydagaand bygewoon het. Die werkswinkel is deur Dr. Terry Nunes aangebied en haar praatjie het gegaan oor: Baba Ontwikkeling. Die terugvoer wat ontvang was na die afloop van die werkswinkel was baie positief en die lede het gevoel dat dit baie leersaam was. Die aand was afgesluit met 'n heerlike kuieraksie na die tyd. Tydens die Raadvergadering was daar weer belangrike besluite geneem en inligting gedeel, daarom versoek ons elkeen van julle om hierdie nuusbrief deeglik deur te lees om bewus te word van al die relevante inligting rakende die komitees en sodoende op hoogte te bly rakende alle verwickelinge in SAPIK.

Laastens, soos julle almal weet is hierdie my laaste voorwoord as SAPIK President, dit is vandag met 'n baie gemengde emosies wat ek die voorwoord geskryf het. Ek wil van hierdie geleentheid gebruik maak om vir elke lid van SAPIK te laat weet dat dit vir my 'n groot eer en voorreg was om vir 3 jaar julle President te kon gewees het. Dit was vir my lekker gewees om saam met julle te werk om SAPIK na die volgende stappie te neem. Vir my Raad wat my gedra tydens my termyn, waar begin mens om vir julle dankie te sê? Ons het baie ure nou saam gewerk om seker te maak dat alles glad verloop het. Ek kon nie vir 'n beter span gevra het nie. Ek heg baie waarde aan die vriendskappe wat gebou is en waarmee elkeen van julle my gehelp het om ook as mens te groei! Hierdie tydperk was nie altyd maklik nie, maar dit was verseker vir my 'n baie goeie ervaring gewees en die herinneringe wat gemaak is in die tydperk sal geen geld kan koop nie. "I salute all of you!"

Aan ons nuwe President, Barry, baie geluk tot jou verkiesing as President. Ek glo dat jy net verder sal bou om SAPIK na nuwe hoogtes te neem. Ek wil asseblief elkeen van julle versoek om met dieselfde volharding en vertroue wat julle aan my en my raad gewys het, vir Barry en sy nuwe raad te ondersteun in die groot taak wat vir hulle voorlê. Ons is baie opgewonde oor die res van die jaar wat voorlê en sterkte ook daarvoor. Mag elkeen van julle baie voorspoed in julle werksomgewing, maar ook in julle persoonlike lewe ervaar! Hierdie is nie totsiens van my kant nie, maar net tot ons mekaar weer sien! Ek los julle graag met die volgende: "There are only two ways to live your life. One is though nothing is a miracle. The other is as though everything is a miracle."

SAPIK groete

Prof. Dané Coetzee

MESSAGE FROM THE PRESIDENT

Dear SAPIK Members

First of all, I would like to thank everyone who attended the AGM which took place on 25 May in Potchefstroom. As you know, the second Board meeting for 2019 took place on Friday, 24 May, which also coincided with the AGM held in Potchefstroom on Saturday, May 25. It was an eventful weekend that was accompanied by a lot of excitement. About 110 members attended the AGM on Saturday, and we were represented from all over South Africa and Namibia, while 70 members attended the Business Savvy on Friday night. The workshop was presented by Dr Terri Nunes and she talked to us about: Infant Development. The feedback received after the workshop was very positive and the members felt that it was very informative. The evening was concluded with everyone enjoying some delicious cheese and wine. During the second board meeting important decisions were once again made and I urge each and every one of you to read this newsletter carefully so that you will be aware of all the relevant information and decisions that were made for each committee. This will further help you to stay informed and up to date on the latest developments in SAPIK.

Lastly, as you all know, this is my last foreword as SAPIK President, and it is with a lot of mixed emotions that I wrote it. I would like to use this opportunity to tell every member of SAPIK that it was a great honour and privilege for me to have served you as your President for the past 3 years. I enjoyed every moment working with you in taking SAPIK to its next step. To my Board who carried me through my term as President, where do I start to thank you? We worked together for many hours to ensure that everything went smoothly. I couldn't have asked for a greater team. I truly value the friendships that were built and I value dearly what I have learned from each one of you in growing as a person! It wasn't always easy, but it most certainly was a great experience and no price tag can be put on the memories that we made. "I salute all of you!"

Congratulations to our new President, Barry, on your election as President. I believe that you will continue in building and taking SAPIK to new heights. I would like to ask each and every one of you to support Barry and his new Board with the same perseverance and trust you have shown me and my Board in the great task that lies ahead. We are very excited about the rest of the year and would like to wish you all the best of luck for it. May each one of you experience great prosperity in your work environment as well as your personal life! This is not good bye from my side, only till we meet again! I would like to leave you with the following: "There are only two ways to live your life. One is though nothing is a miracle. The other is as though everything is a miracle."

SAPIK greetings

Prof. Dané Coetzee

ONTMOET DIE NUWE OPVOLGENDE PRESIDENT / MEET THE NEW SUCCESSION PRESIDENT:

Mnr. Barry Gerber

Agtergrond / Background:

Barend Paul Gerber, gebore in Pretoria in 1989-04-26. Matriek voltooi in 2007 te Hoërskool Oos-Moot. Voorgraads studeer te UP en honneurs en meesters voltooi en nou tans besig met my PhD te NWU. Ek het 'n liefde vir sport en fisieke aktiwiteit en dien gevolglik ook op die Dr. Kenneth Kaunda Ringbal Distrik as die Voorsitter. Verder het ek 'n liefde vir die natuur en spandeer graag baie van my vrye tyd in die natuur. Tans is ek as lektor aangestel by die NWU en is ek amper klaar met my PhD. Ek is ook die praktykbestuurder van die Kliniek vir Kinderkinetika van die NWU. My navorsingsfokus wissel van motoriese ontwikkel en sportprestasie van jong kinders tot groei en ryping van adolessente seuns en dogters en die invloed daarvan op sportprestasie en fisieke aktiwiteit. Ek het reeds verskeie artikels gepubliseer in geakkrediteerde joernale. / *Barend Paul Gerber, born in Pretoria in 1989-04-26. Matriculated in 2007 at Oos-Moot High School. Completed my undergraduate studies at UP and honors and masters at NWU and I am currently working on my PhD at NWU. I have a love for sport and physical activity and therefore also serve on the Dr. Kenneth Kaunda Ringbal District as Chairman. Furthermore, I have a love for nature and like to spend much of my free time in nature. Currently I am appointed as a lecturer at the NWU and I am almost finished with my PhD. I am also the practice manager of the Clinic for Kinderkinetics at the NWU. My research focus ranges from motor development and sports performance of young children to the growth and maturation of adolescent boys and girls and the impact thereof on sports performance and physical activity. I have already published several articles in accredited journals.*

Werkservaring / Work experience:

1-jaar Akademiese assistent / *1-year Academic assistant*

2-jaar Junior lektor / *2-years junior lecturer*

4-jaar Lektor / *4-years Lecturer*

My Visie and Missie vir SAPIK / My Vision and Mission for SAPIK:

Visie - Eendag sal alle kinders in hierdie land die geleentheid en voorreg hê om deel te wees van die Kinderkinetika-wonder. Dit is nou tyd, so kan ons vat hande met ander professies en belê in die toekoms en welsyn van ons kinders en die leiers van môre. / *Vision - One day, all children in this nation will have the opportunity and privilege to be part of the Kinderkinetics wonder. The time is now, let's take hands with other professions and invest in the future and well-being of our children and the leaders of tomorrow.*

Missie - Om 'n gerespekteerde beroep, Nasionaal en Internasionaal, te skep wat die behoeftes van kinders deur professionele en wetenskaplike programme aanspreek. Ook om hande met mede-professionele liggame te vat en verhoudings te bou deur middel van multidissiplinêre programme en inisiatiewe. / *Mission - To create a well-respected profession nationally and internationally who serves the needs of children through professional and scientific programs. Also to take hands with fellow professional bodies and build strong relationships through multi-disciplinary programs and initiatives.*

OPLEIDINGSKOMITEE / TRAINING COMMITTEE

- ❖ Ons wil graag Wilmarié du Plessis gelukwens as die nuwe voorsitter van die Opleidingskomitee, sowel as Dr. Eileen Africa, Dr. Elna de Waal en Xonné Muller wat verkies is as komiteede. / *We would like to congratulate Wilmarié du Plessis as the new Training chairperson and Dr. Eileen Africa, Dr. Elna de Waal and Xonné Muller that was elected as committee members.*
- ❖ Alle lede wat opleiding in Toetsbatterye benodig, moet asseblief so aandui voor of op 30 Julie aan SAPIK. Spesifieke datums vir die opleiding sal direk aan die lede gekommunikeer word. / *All members who require Test battery training should please indicate it to SAPIK before or on the 30th of July. Specific dates will be communicated directly with the members.*

ETIESE KOMITEE / ETHICAL COMMITTEE

- ❖ Ons wil graag Elani Fourie gelukwens as die nuwe voorsitter van die Etiek komitee, sowel as Elzet du Plessis, Louise Prinsloo en Elzabé de Klerk wat verkies is as komiteede. / *We would like to*

congratulate Elani Fourie as the new Etchics chairperson and Elzet du Plessis, Louise Prinsloo and Elzabé de Klerk that was elected as committee members.

- ❖ SAPIK se logo is opgedateer volgens SAQA se vereistes. Die nuwe logo moet teen die einde van 2021 in gebruik wees. Lede kry genoeg tyd vir die logo om op bemarkingsmateriaal te verskyn, soos uiteengesit in die Etiese reëls. Lede kan ook van plakkers gebruik maak. / *SAPIK has updated their logo due to SAQA requirements. The new logo needs to be in use by the end of 2021. Members are provided with enough time for the logo to appear on marketing material, as stipulated in the Ethical guidelines. Members can make use of stickers.*



- ❖ Die SAPIK en Kinderkinetika logo wat SAPIK ontwerp het mag nie verander word nie. Hierdie logo's moet gebruik word soos hulle is (ontwerp en kleur). Onder is 'n voorbeeld van wat nie toegelaat word nie: / *The SAPIK and Kinderkinetics logo that SAPIK has designed may not be modified. These logo's needs to be used as they are (design and colour). Below is an example of what is not allowed:*



- ❖ Lede word nie toegelaat om toetsbatterye vir 'n tydperk van 'n ander lid te leen of te huur nie. SAPIK beskou dit as bedrog. / *Members are not allowed to borrow or hire test batteries from another member for a period of time. SAPIK sees this as fraud.*

VPO KOMITEE/CPD COMMITTEE

Nuwe VPO komitee / New CPD committee:

- ❖ Ons wil graag Janie de Haast gelukwens as die nuwe voorsitter van die VPO komitee, sowel as Lauren Bath en Carissa Jansen wat verkies is as komiteede. / *We would like to congratulate Janie*

de Haast as the new CPD chairperson as well as Lauren Bath and Carissa Jansen that was elected as committee members.

VPO reglement dokument / CPD regulation document:

- ❖ Die reglement is opgedateer in Mei 2019 en is beskikbaar op die webtuiste. / *The regulation document was updated in May 2019 and available on the website.*

VPO oudit 2019 / CPD audit 2019:

- ❖ Alle nuwe raadslede en komitee lede wat vir die termyn 2019 tot 2022 gekies is, sal saam met die gekose SAPIK lede ge-oudit word vir 2018 se punte. / *All new board members and committee members which were selected for the term 2019 to 2022 together with the chosen SAPIK members will be audited on their 2018 points.*
- ❖ Briewe sal in September aan die lede wat geselekteer is, gestuur word, waarna die lid dan 'n maand sal hê om sy/haar "learning activity record form" saam met hulle SAPIK VPO sertifikate in te stuur vir evaluasie. / *Letters will be sent to selected members in September, after which they will have a month to submit their learning activity record form together with their SAPIK CPD certificates.*

Artikel geleentheid en Plagiaat / Article opportunities and Plagiarism:

- ❖ Die volgende artikel geleentheid is beskikbaar en moet teen **26 Augustus 2019** ingehandig word. / *The following article opportunity is available and must be handed in by 26 August 2019.*
- ❖ Betaal R100 per artikel. / *Pay R100 per article.*
- ❖ Geen laat artikels sal aanvaar word nie. Maak seker jy voltooi die korrekte artikel geleentheid. Geen vorige artikel geleentheid sal meer aanvaar word nie. / *No late articles will be accepted. Make sure that you complete the correct article as completed articles of previous opportunities will not be accepted anymore.*
- ❖ Indien jy geen respons van SAPIK ontvang nadat jy jou artikel ingestuur het nie, is dit jou verantwoordelikheid om voor die afsnydatum seker te maak dat SAPIK jou artikel antwoorde ontvang het. / *If you do not receive any response from SAPIK that they received your article, it is your responsibility to contact SAPIK to confirm whether they have received the article before the cut-off date.*
- ❖ **Neem kennis: Geen** VPO punte sal toegeken word aan lede wat plagiaat pleeg nie. Hierdie geld vir alle geskrewe VPO geleentheid. / **Take note: No** CPD points will be allocated to members who commit plagiarism. These include all written CPD opportunities.
- ❖ Indien jy nie slaag nie sal jy in kennis gestel word en 'n week grasia sal vir jou gegee word om die vrae wat nie korrek was nie te hersien. Indien die week verby is en die gekorrigeerde antwoorde is

nie ontvang nie, sal geen VPO punte toegeken word nie. / *If you fail, you will be notified and provided with a week to review your questions that have not been answered correctly. If your answers are not submitted at the end of that week, you will not receive any CPD points.*

PRAKTYK FORMUM / PRACTICE FORUM

- ❖ Ons wil graag Magda-Marie Greyling gelukwens as die nuwe voorsitter van die Praktyk Forum, sowel as Sharnay Botha, Hettie Lubbe en Wilmari Walters wat verkies is as komiteede. / *We would like to congratulate Magda-Marie Greyling as the new Practice Forum chairperson and Sharnay Botha, Hettie Lubbe and Wilmari Walters that were elected as committee members.*
- ❖ Daar sal binne die volgende paar maande die nuwe praktyk evaluasie vorms met julle gekommunikeer word, hou asseblief die webtuiste dop. / *Within the next few months we will communicate with you the new practice evaluation forms. Please keep an eye on the website.*

FINANSIËLE KOMITEE / FINANCIAL COMMITTEE

- ❖ Ons wil graag Ewald Hattingh gelukwens as die nuwe voorsitter van die Finansiële komitee. Ewald sal verder nou saamwerk met die SAPIK administratiewe beampte en ons SAPIK president. / *We would like to congratulate Ewald Hattingh as the new Financial chairperson. Ewald will be working closely together with the SAPIK administrative person and our SAPIK president.*

BEMARKINGSKOMITEE / MARKETING COMMITTEE

- ❖ Ons wil graag Jacky Strydom gelukwens as die nuwe voorsitter van die Bemarkingskomitee, sowel as Heide-Merie Verster, Cecile Mouton en Vanessa Baumgarten wat verkies is as komiteede. / *We would like to congratulate Jacky Strydom as the new Marketing chairperson and Heide-Merie Verster, Cecile Mouton and Vanessa Baumgarten that was elected as committee members.*

SAQA LOGO

"This serves to confirm that the South African Professional Institute for Kinderkinetics (SAPIK) meets the South Africa requirements as outlined in the policy and criteria for recognising professional body and registering a professional designation for the purpose of the NQF Act."

- ❖ Lede mag die SAQA logo op alle bemarkingsmateriaal gebruik. Die logo's en die uitleg daarvan is beskikbaar op SAPIK se webtuiste. Sien onderstaande voorbeelde van die gebruik van die SAQA

logo. / Members are allowed to use the SAQA logo on their marketing material. This logo and the outlined as received from SAQA will be available on the website under logos. See the examples of the use of the SAQA logo.



MEES BETROKKE PRAKTYK TYDENS DIE BEWUSMAKINGSWEEK 2019 / MOST INVOLVED PRACTICE DURING THE AWARENESS WEEK

- ❖ Die wenners vir die mees betrokke praktyk tydens die bewusmakingsweek gaan aan 'n gekombineerde span Kinderkinetici van Bloemfontein. Baie geluk! / *The winners for the most involved practice during the awareness week goes to a combined Kinderkinetics team from Bloemfontein. Congratulations!*



Voor/*In front*: Danelle Greef (Danelle Greef Kinderkinetics), Elzabe de Klerk (De Klerk Kinderkinetics), Janka Nagel (Kiddo Kinetics).

Agter/*Back*: Marna Human (Funkinetics), Elna de Waal (University of the Free State), Cindi Ackermann (Meerkat Kinetics)

BOARD MEMBERS FOR 2019 – 2022

President	Mr. Barry Gerber	sapik.president@gmail.com
Vice-President: Training committee	Ms. Alretha du Plessis	alretha.buys@gmail.com
Vice-President: Practice forum	Ms. Gizelle Kruger	g.kruger777@gmail.com
Training committee		
Chair	Ms. Wilmarié du Plessis	20376138@nwu.ac.za
	Dr. Eileen Africa	africa@sun.ac.za
	Ms. Elna de Waal	dewaalelna@gmail.com
	Ms. Xonné Haywood	hxonne@yahoo.com
Practice forum		
Chair	Ms. Magda-Marie Greyling	magdamarieb@yahoo.com
	Ms. Sharnay Botha	sharnaybotha2@gmail.com
	Ms. Hettie Lubbe	hettie.kinderkinetika@gmail.com
	Ms. Wilmari Walters	wilmariwalters@ymail.com
Financial committee		
Chair	Mr. Ewald Hattingh	hattinghej@yahoo.com
	SAPIK office	sapikinfo@gmail.com
	Mr. Barry Gerber	gerber.barry@gmail.com
Ethics committee		
Chair	Ms. Elani Fourie	fourie@fouriekinderkinetika.co.za
	Ms. Louise Prinsloo	prinsloo.louise10@gmail.com
	Ms. Elzabé de Klerk	deklerk.kinderkinetics@gmail.com
	Ms. Elzet du Plessis	elzetduplessis@gmail.com
CPD committee		
Chair	Ms. Janie de Haast	janie@accelerate-kids.co.za
	Ms. Lauren Bath	lauren bath5@gmail.com
	Ms. Carissa Jansen	carissa.jansen7@gmail.com
Marketing committee		
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	Ms. Heide-Merie Verster	heide@kinetika.co.za

	Ms. Cecile Mouton	lbk.cecile@gmail.com
	Ms. Vanessa Baumgarten	vanessa.esterhuizen@gmail.com
Immediate Past President	Prof. Dané Coetzee	Dane.coetzee@nwu.ac.za
Past President	Prof. Anita Pienaar	Anita.Pienaar@nwu.za